

Allen Valley Velo presents The MH24 CTT Hill Climb.

Promoted for and on behalf of Cycling Time Trials under its rules & regulations.
This is a Northumberland & Durham Cycling Association Event.

Sunday 26th September 2021



First Rider: 10:00

Timekeepers: Peter and Frances Schultz.

Event secretary: Howard Buckingham howiebuckingham@hotmail.co.uk
07946593141.

Event Sign on and Parking:
Allendale Primary School Sports Hall,
Allendale Town.
Northumberland.
NE47 9PS.

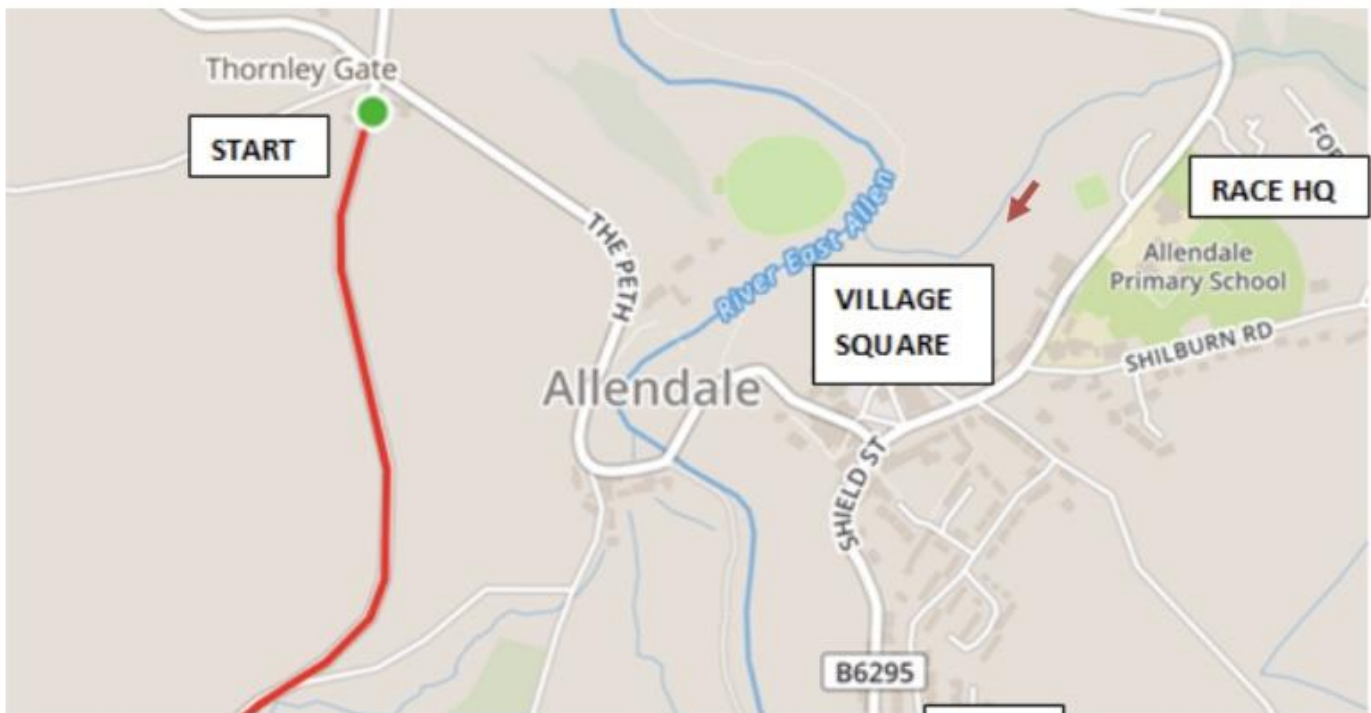
COVID19–PLEASE READ CAREFULLY

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.
- Event sign on will be located outside Allendale Primary School Sports Hall.
- We have access to the toilets but ask that people wear face masks when using the facilities.
- Riders are asked to provide their own pen to sign on/off the race. Use the hand sanitiser provided before and after signing on/off.
- Rider number will be pre cleaned with disinfectant and spread out or hung up to avoid handling.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm-up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- Riders MUST NOT gather in indoor areas.
- Competitors on finishing MUST NOT stop at the finish.
- Please report to the start line no more than 5 minutes before your designated start time.
- Adhere to the 1 metre+ social distancing rule.
- Riders will need to self-start, with one foot on the ground. NO trackstands.
- DRAFTING –SOCIAL DISTANCING: If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind.

PARKING, SIGN ON AND START LOCATION.

There is ample parking at the Sports Hall car park, on the road outside and in the town square, but please park considerately and with sufficient space. Sign on will be available from 9:00am. Allendale Primary School Sports Hall is approximately 1 mile from the start. Please ensure that numbers are returned after the event and remember to sign off; otherwise your time won't be recorded in the official results.

The start is at 5 Lane Ends (Thornleygate), about 1 mile from the school. Turn left out of the school, go through the Village Square, Turn right down the steep Peth Hill and follow the road up a hill to the Thornleygate junction.



COURSE.

This is the first year of using the MH24 course, which is situated on the minor road from Thornley Gate, Allendale Town to Carrshield. It starts at the drain cover alongside the field gate on minor road 100 metres south of the T junction with the B6295 at Thornley Gate. The route proceeds south on the minor road towards Carrshield for 2.5 miles. The route finishes at a Black and White pole, at the end of a lay-by on the right. Route: <https://www.strava.com/routes/2856885924325146792>

COURSE SAFETY NOTES.

- 0-1 Miles—The opening section is in a very poor condition and requires attention. A safe line can be found but eyes must be kept on the road in front. We have been applying pressure on NCC to improve the road to no avail. Red flags will be located here.

Pay attention to the on the day risk assessment, located at sign on as this may detail additional hazards.

RIDER INSTRUCTION.

- Your machine must have a working rear light (flashing or constant) to be permitted to race(No light no ride!).
- No U turns to be made by riders in the vicinity of the timekeeper at the start.
- Riders take extra care at junctions, turns, blind summits, on steep descents with bends, and through built-up areas.
- Riders must stay on the correct side of the road at all times.
- Head down riding is strictly forbidden.
 - No dismounting by riders in finishing area.
- Riders should note that the course is entirely on minor rural roads.
- Please shout your number as you pass the finishing timekeeper.
- If you forget to sign out, you will be recorded as a “DNF” on the results sheet.
- Junior riders should bring a completed Parental Consent form in order to be allowed to ride. To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations.
- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. All competitors under the age of 18 years and/or Juniors must wear a Protective Hard Shell Helmet.

This event may be subject to a Doping Control. Race numbers required for Doping Control will be displayed at sign out. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

PRIZES (all given out after the event).

- Fastest Male rider on the day will be awarded a cash prize (prize pot yet to be confirmed).
- Fastest Female rider on the day will be awarded a cash prize (prize pot yet to be confirmed).
- Junior cash prizes will also be issued (prize pot yet to be confirmed).

At the prize giving Tea, Coffee and a small selection of cakes / biscuits will be served. Catering equipment, disposable cups, plates and tableware has kindly been provided by Sue Bell, owner of:



Violet's Quality Tableware Hire,
Unit 7, The Lime Works,
Fourstones,
Hexham,
Northumberland,
NE47 5DQ.

[Tel:07735462671.](tel:07735462671)

E mail: Sue.vtableware@gmail.com

Website: www.violetstableware.com

bib	start time	firstname	lastname	club	gender	category
1	10:01:00	Neil	Veitch	Allen Valley Velo	Male	Veteran
2	10:02:00	Ellen	Powell	Durham Triathlon Club	Female	Senior
3	10:03:00	Charlie	Thew	North Tyneside Riders CC	Male	Juvenile
4	10:04:00	David	ZüRCHER	Muckle Cycle Club	Male	Espoir
5	10:05:00	Graeme	Wardale	South Shields Velo Cycling Club	Male	Veteran
6	10:06:00	Christopher	Beaty	Allen Valley Velo	Male	Senior
7	10:07:00	Brendan	McMillan	Tyne & Wear Fire & Rescue Service CC	Male	Senior
8	10:08:00	Tim	Burdon	Allen Valley Velo	Male	Veteran
9	10:09:00	Sarah	Wilkinson	Blaydon CC	Female	Veteran
10	10:10:00	Paul	Hague	Gosforth RC	Male	Veteran
11	10:11:00	Nick	Badcock	Team Kirkley Cycles	Male	Senior
12	10:12:00	Lea	Stephenson	Allen Valley Velo	Male	Senior
13	10:13:00	Ben	Swinney	Muckle Cycle Club	Male	Senior
14	10:14:00	Michael	Whitby	Blaydon CC	Male	Senior
15	10:15:00	Wilson-Jay	Brown	PM Racing UK	Male	Veteran
16	10:16:00	Adam	Wood	Muckle Cycle Club	Male	Veteran
17	10:17:00	Lee	Ridden	Reifen Racing	Male	Veteran
18	10:18:00	Stephen	Pattison	Muckle Cycle Club	Male	Veteran
19	10:19:00	Peter	McGlynn	Allen Valley Velo	Male	Veteran
20	10:20:00	Matty	Smith	Muckle Cycle Club	Male	Senior
21	10:21:00	Arne	Beswick	Buxton CC/Sett Valley Cycles	Male	Senior
22	10:22:00	Euan	Dinning	Gosforth RC	Male	Juvenile
23	10:23:00	Angela	McGurk	Blaydon CC	Female	Veteran
24	10:24:00	Owen	Haggerty	North Tyneside Riders CC	Male	Junior
25	10:25:00	Matthew	Smith	Muckle Cycle Club	Male	Senior
26	10:26:00	Noel	Stoddart	Blaydon CC	Male	Veteran
27	10:27:00	Ben	Wilkinson	Muckle Cycle Club	Male	Senior
28	10:28:00	Clive	Allan	Allen Valley Velo	Male	Senior